Where to go for help, support and information in West Sussex if you are concerned about a friend or relatives drinking/drug use.

Supporting families affected by drugs and alcohol in West Sussex.

Contact the Carers Support West Sussex Freephone on 0300 028 8888
(office hours – closed weekends and bank holidays – answer machine available).

Services provide a safe place where you can talk in confidence.
Refreshments are provided. We are not open Bank holidays.

Support along the coast

- **Friends and Family support - Worthing**
  St Clare’s Day Centre, 6-8 Marine Place, Worthing, BN11 3DN (Behind Iceland).
  Drop in anytime between 5.30 & 7pm every Tuesday.

- **Friends and Family Support Group - Lancing**
  Lancing Children and Family Centre, 42 North Road, BN15 9AB.
  Group meets 2nd Tuesday of every month, from 1pm to 2.30pm and last Friday in every month 1.30pm to 3pm.

- **Friends and Family Support Group– Southwick**
  The Corner House, 45 Southwick Street (opposite Southwick Community Centre and Barn Theatre), Southwick BN42 4TH.
  Group meets on the 1st Thursday of every month, from 7.30pm till 9pm.

- **Friends and Family Support – Littlehampton**
  The Wickbourne Centre, Clun Road, Littlehampton, BN17 7DZ.
  Drop in anytime between 2pm to 4pm on the 1st and 3rd Friday in every month.

- **Friends and Family Support - Bognor**
  Addaction, 22 Sudley Road, Bognor, PO21 1ER.
  Group meets every Friday, from 5.30pm to 7pm.

Family workers are also available at Clockwalk Project, 7-11 High Street, Bognor, PO21 1SG from 12pm to 4pm every Wednesday (except 3rd Wednesday in the month)

- **Friends and Family Support Group – Chichester**
  Chichester Children and Family Centre, St Jame’s Road, PO19 7AB.
  3rd Wednesday in every month 1pm to 3pm.

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Support in Horsham, Crawley and Mid Sussex

- **Families and Friends Support - Horsham**
  Horsham Youth Club, Hurst Road, RH12 2DN
  Drop in anytime between 6.30 and 8pm on the 3rd Tuesday in the month.

- **Families and Friends Support - Crawley**
  Crawley CVS, The Longley room, Ground Floor, The Orchard, Gleneagles Court, Brighton Road, Southgate, Crawley RH10 6AD. Drop in anytime between 12.30pm and 2pm on Monday lunchtimes.

  Family workers are also available at CRI on the 1st floor at Pelham House in Broadfield Barton, Broadfield, Crawley, RG11 9BA by appointment.

- **Friends and Family Support – Mid Sussex**
  Addaction, 1st Floor, Martlett Heights, 49 The Martlets, Burgess Hill, RH15 9NN (Across from Iceland). Appointments scheduled to see our family workers in advance.

**Individual appointments**

We can make an appointment to come and meet you at a place and time convenient to you.

**Bereavement support**

**The Group on the Green**

Upstairs at Southwick Community Church, Southwick Green, Roman Crescent, Southwick, BN42 4TY. Meet on the first Monday of every month at between 7.00pm – 8.30pm (2nd Monday when it’s a bank holiday).

**Website info:**

[www.westsussex.gov.uk/daat](http://www.westsussex.gov.uk/daat) and [www.carerssupport.org.uk](http://www.carerssupport.org.uk)

http://facebook.com/westsussex

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