

**LAFSS Friday Evening Film
& Disco Nights.
Call 715155 for details**



LAFSS YOUTH CLUB

7/9/18 , 21/09/18, 05/10/18, 19/10/18

and fortnightly after that

Time: 19:00 – 21:00

£2 Entry including a free drink and snack!!

(Carers free)

Age 13-21

Contact LAFSS for more information and to register



01482 715 155



HULL S.E.N.D. ACTIVITY GUIDE 2018-19

A DAILY GUIDE TO
DISABILITY FRIENDLY CLUBS AND
GROUPS FOR CHILDREN AND YOUNG
PEOPLE IN THE HULL AREA



SYMBOLS GUIDE



SPORTS/FITNESS CLUB



SWIMMING GROUP



MUSIC CLUB



YOUTH CLUB/EVENT



WHEELCHAIR SPORTS



DANCE CLUB OR
PERFORMING ARTS GROUP



FAMILY ACTIVITY OR
PARENT OR CARER MAY
NEED TO ATTEND

IMPORTANT

The clubs and groups mentioned in this booklet are for guidance purposes only and cannot be personally endorsed or verified. Attendance is strictly to the readers discretion.

Please be aware the groups and numbers provided in this booklet are correct as of May 2018. Please contact the group via telephone before attending to avoid disappointment.

Please visit hull.mylocaloffer.org for more groups and information.

Facebook - The Local Offer Hull

Twitter - @LocalOfferHull



USEFUL NUMBERS

| | |
|---|---------------|
| Hull City Council Children’s Disability Team | 01482 715 155 |
| Immediate Help and Support Team (Out of Hours) | 01482 300 304 |
| Leisure and Freetime Support Service (LAFSS) Direct | 01482 715 155 |
| KIDS Yorkshire and Humber | 01482 467 540 |
| Kingston Youth Centre | 01482 331 238 |
| Special Stars Foundation | 01482 227 657 |
| Targeted Youth Support | 01482 615 602 |
| Family Info Service | 01482 318 318 |
| Early Help Hub North | 01482 803 978 |
| Early Help Hub East | 01482 708 953 |
| Early Help Hub West | 01482 305 770 |
| Integrated Complaints Children and Young People | 01482 616 143 |

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MONDAYS

Darley's Youth and Arts Centre

Crafts, Xbox, music, pool, table tennis, gardening and more.

Octagon Family Centre, Walker Street, Hull

Monday to Friday 3:30—5:30pm (Age 8-13)

Mondays, Tuesdays and Thursdays 6:30—8:30pm Age 14-21 (24 with SEND)

Free

Contact Scott - 0789 1544 228



ASTRA Youth Club

100 Barnstaple Road, Bransholme, Hull

4:00 – 6:00pm

Free

Ages 10-13

01482 310925



Route One Boxing, Sport and Music Club

Hall Road Academy, Hull, HU6 8PP

4:30 -6:00pm

Free

Up to Age 19,

01482 491960



The Hut Youth Club

The Hut, 187E Preston Road, Hull, HU9 5UY

5:00 – 7:00pm,

Free

Ages 10-19

01482 781121



St Michael's Youth Project

St Michael's Church.

Orchard Park Road, Hull, HU6 9BX

4:00 – 6:00pm (Ages 5-9) & 6:00 – 8:00pm

Ages 10-19

Free

01482 805263



Multi Skill Sports, Able & Active

Sirius Academy, Anlaby Park Road, Hull, HU4 7JB

5:00 – 7:00pm

Ages 8 –16 plus, **Pan-Disability**

01482 358 371



Hull's SEND Disco

Hull's SEND Disco is exclusively for children and young people aged 13-25 years with special education needs and/or disabilities and their families in the Hull and surrounding area.

Held at Willows Social Club, Holderness Road, Hull.

For more details contact Mike at LAFSS on 01482 715 155.



Hull Local Offer website

For people 0-25 with special educational needs and/or disabilities and their families.

Website—<http://hull.mylocaloffer.org>

Facebook—The Local Offer Hull

Twitter— @LocalOfferHull

Email—localoffer@hullcc.gov.uk



FEATURED SERVICES



Kingston Youth Centre Social Sessions

Kingston Youth Centre's is a council supported service providing social sessions for children and young people with disabilities. These provide a friendly youth club environment where young people can go and make new friends, have fun and develop new life skills.

Big Buzz club runs every **Tuesday** night 7:00—9:00pm for young people aged 16-24 and Buzzaballoo runs every **Wednesday** night in term-time 7:00—9:00pm for people aged 11-18.

A referral is needed to attend these sessions.

Contact : 01482 331238 and find them on Facebook.



Kids Yorkshire and Humber

Kids is a national charity which provides children and young people with disabilities and their families a support service. Kids provides many different groups including Play schemes throughout the school holidays, youth clubs and family support groups. A referral is not necessarily needed to attend any of these sessions.

Contact: 01482 467 540

KIDS Youth Club

Various locations, call for details
6:00—8:00pm

Ages 8-18, Pan-Disability, self-referral
Free
01482 467 540

Maxi Fun Club

Our activities include -

* Swimming - every Friday 7.30-



* Ten pin bowling - 1st, 3rd, 5th Monday of month 5-7pm

* Indoor play - 2nd, 4th Monday of the month 5-7pm

* Soft play - last Saturday of the month 330-430pm

We also run one off activities during the summer holidays.

Please check the website for up to date information on these sessions.

Need to book with Helen 07773310503

Hull Truck Youth Theatre



50 Ferensway, Hull HU2 8LB

5:00—6:30pm (Ages 14-16) 6:45—8:15pm (Ages 16-21)

Prices on enquiry.

Contact first 01482 323 638

Darley's Youth and Arts Centre



Octagon Family Centre, Walker Street, Hull
Monday to Friday 3:30—5:30pm (Age 8-13)

Mondays, Tuesdays and Thursdays 6:30—8:30pm Age 14-21 (24 with SEND)
Free

Contact Scott - 0789 1544 228

Aspire Dance Academy

St Stephens Centre, Annandale Road,
Greatfield, HU9 4LA
5:00—6:00pm

Ages 7+

Call Hollie 07949802409



Special Olympics Gymnastics

Sutton Village Gymnasium, HU7 4TF

7:00—8:30pm

Ages 6-25 years, Pan-Disability

£4 per session

Call Janet 01482 871 349



Clifton Children's Dance Lessons



Winifred Holtby School, Midmere Ave,
Hull, HU7 4PW

£5 per lesson

Times Available on request

Rosalyn 01482 798 181

Hull and East Yorkshire Power Football Club



Training is held every Saturday at Sirius Academy, 296 Anlaby Park Road South, Hull, HU4 7IB. The school is fully accessible with a large car park and onsite toilets. Matches take place at various venues

Contact 07901 027 923 (Lee)

TUESDAYS

The Hut Youth Club

The Hut, 187E Preston Road, Hull, HU9 5UY
6:30 – 9:00pm,
Free
Ages 10-19
01482 781 121



Darley's Youth and
Arts Centre



Octagon Family Centre, Walker Street, Hull
Monday to Friday 3:30—5:30pm (Age 8-13)
Mondays, Tuesdays and Thursdays 6:30—
8:30pm Age 14-21 (24 with SEND)

Free
Contact Scott - 0789 1544 228

ASTRA Smile Club (Self-Confidence Group)

100 Barnstaple Road, Bransholme, Hull
4:00 – 5:30pm
Free
Ages up to 19
Contact 01482 310 925



Tigers Trust U16's Disability Football



Soccer Kings, Oslo Road, Hull, HU7 0YN
Ages under 16, **Pan-Disability**
Weekly Contribution
01482 358 371

Tigers Together

A fully funded football programme for
males and females over 18 living with men-
tal health problems.

KC Stadium (Astroturf)
Tuesday, 1.00pm—3.00pm
Thursday, 6.00pm—8.00pm

For more information please contact Adam
Newton on 01482 358 371



Kingston Panthers Wheelchair Basketball



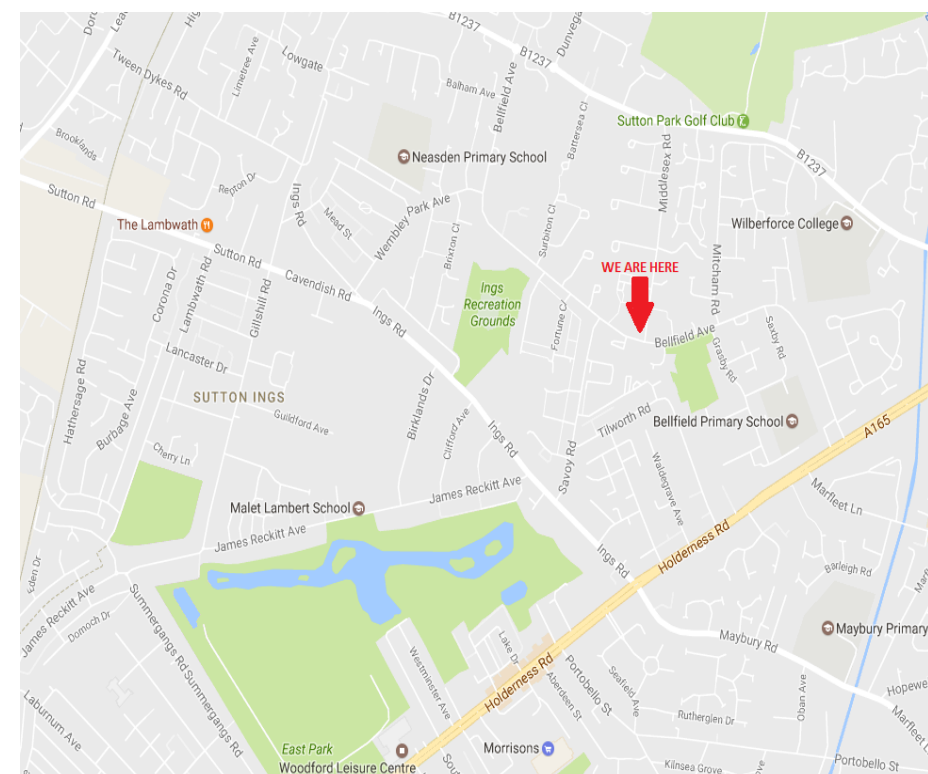
St Mary's College, Cranbrook Avenue, Hull
Open session 5-6pm
National League session 6-7pm
First Session's Free - call for more infor-
mation.
Chris Wilson - 07743 782 638

LAFSS

LAFSS is based at Bellfield
House,
Middlesex Road, Hull,
HU8 0RB

(opposite ASDA Ings)
For more information
about our service please
contact us on

01482 715 155





LEISURE AND FREETIME SUPPORT SERVICE (LAFSS)

This leaflet has been constructed by staff members from Leisure and Freetime Support Service (LAFSS) for the benefit of the children and young people with disabilities of Hull and the surrounding areas.

LAFSS is a short breaks service provided by Hull City Council which offers after-school groups, youth clubs and activities on evenings, weekends and during school holidays. This is available through a referral for children and young people with disabilities aged 6-18 years with groups running every day of the week.

LAFSS provides:

- ◇ Regular Youth Clubs - after school and at weekends
- ◇ Supported Days out for the whole family
- ◇ Holiday Programmes for fun and exciting activities throughout school holidays
- ◇ Fortnightly Disco and Film Nights for young people aged 14-21



Clifton Children's Dance Lessons



Winifred Holtby School, Midmere Ave,
Hull, HU7 4PW
£5 per lesson
Times Available on request
Rosalyn 01482 798 181

Child Swimming Lessons



Winifred Holtby School, Midmere
Hull, HU7 4PW
4:30—6:00pm
10 week programs, groups and 1-1 sessions
01482 813557

St John's Newland Beavers and Scouts Groups



Strawberry Walk, Beverley Road,
Hull, HU6 7PA
Beavers (Age 6-8) Tuesdays 6:15-7:15pm
Scouts (Age 10-14) Tuesdays 7:15-9pm
Explorers (Age 14-18) Mondays 7-9pm

£8 per month
01482 650 423

BIG BUZZ



Kingston Youth Centre, 48a Beverley
Road, Hull HU3 1YE
BIG BUZZ is a mixed ability group for young people aged 16 to 24 years and is held once a week at the Kingston Youth Centre. This is an open access sessions with different activities including sport and arts. Tuesdays 7-9pm.

A referral form needs completing to access this group. Please ring us in the first in-

Hull Truck Youth Theatre



50 Ferensway, Hull HU2 8LB
5:00—6:30pm (Ages 11-13) 6:45—8:15pm (Ages 16-21)
Prices on enquiry.
Contact first 01482 323 638

Kingston Swim Club



Ennerdale Leisure Centre, Hull
7:00—8:00pm
Ages 7+, disability friendly
£18 per month, membership fee required
01482 331 136

KIDS Youth Club



Various locations, call for details
6:00—8:00pm
Ages 8-18, **Pan-Disability**, self-referral
Free
01482 467 540

WEDNESDAYS

Bridges Hull Youth Club



Pennine Way, Bransholme, HU7 5EF
4:00 - 6:00pm (Years 6/7) & 7:00 –8:30pm
(Year 8/9)
Free
Up to Year 9 (25 with special needs)
01482 820454

ASTRA Youth Club



100 Barnstaple Road, Bransholme, Hull
6:30—8:00pm
Free
Ages 13-19
01482 310925

Darley's Youth and Arts Centre



Octagon Family Centre, Walker Street, Hull
Monday to Friday 3:30—5:30pm (Age 8-13)
Mondays, Tuesdays and Thursdays 6:30—
8:30pm Age 14-21 (24 with SEND)
Free

Route One Young Carers Group



Hall Road Academy, Hull, HU6 8PP
4:30 -6:00pm
Free
Up to Age 19,
01482 491960

St Michael's Swim Club



St Michael's Church.
Orchard Park Road, Hull, HU6 9BX
4:00 – 6:00pm
Ages 10-19
Free
01482 805 263

Multi Skill Sports, Able & Active



Winifred Holtby School, Midmere Avenue,
Hull, HU7 0YN
5:00 – 7:00pm
Ages 5-16 plus **Pan-Disability**
Tigers Trust 01482 358371

Child Swimming Lessons



Winifred Holtby School, Midmere Ave,
Hull, HU7 4PW
Groups run between 11:00am-2:15pm
10 week programs, groups and 1-1
01482 813557

Hull FC Wheelchair Rugby



Hull FC Performance Centre,
Pickering Road, HU4 7AE
11:00am – 1:00pm fortnightly, depending
on Hull FC fixtures
All ages and abilities
07427822640

Special Stars Sunday Club Sensory Play Session.

Victoria Dock Village Hall, South Bridge
Road, Hull.
230pm—4pm
Entry £1 per person
01482 227 657



Sunday Club Sensory Play



Victoria Dock Community Centre, Hull,
HU9 1TL
2:30—4:00pm, **Pan-Disability**
£1 per person, register on the day
Visit heyspecialstars.co.uk

East Hull Kung Fu



Garden Village Community Centre, Hull
7:00—9:00pm
Ages 7+, All abilities
£3.50 per session
Call Hull Kung Fu 07947819242



SUNDAYS

LAFSS Supported Family Day Trips



Bellfield House, Middlesex Road, HU8 0RB
Monthly on Saturdays and Sundays,
9:00am—5:00pm, **Pan-Disability**
Contribution required,
Call 01482 715155 for more information

Autism Friendly Cinema Screenings



Vue Cinema, Princes Quay Shopping Centre, Hull
Last Sunday of every month, 10:00am
From £1.99
0871 224 0240

Autism Friendly Cinema Screenings



Reel Cinema, St Stephen's Shopping Centre, Hull
One showing every week, call for details
Ages depend on film's certificate
01482 223113

Autism Friendly Cinema Screenings



Cineworld, Kingswood, Hull
First Sunday of every month, 11:00am
0871 200 2000

Autism Friendly Cinema Screenings



Odeon Cinema, Kingston Retail Park, Hull
Second or Third Sunday every month,
11:30am, call for details
Standard ticket price plus £1
0333 006 7777

Pro Soccer Coaching



Indoor Sports Centre,
National Avenue, HU5 4JF
9:00am-10:00am (Age 5-6's) 10:00-11:00
(Age 6-7's) 11:00am-12:00 (Age 7-12's)
Termly Fees Apply
01482 462889

DSA Down's Syndrome Football



South Hunsley School, Melton,
North Ferriby, HU14 3HS
Wednesday's 5:00 - 6:00pm,
Down's Syndrome
Ages 8+
01482 358371

Imagine Your Goals Mental Health Football



KCom Arena Pitches, West Park, Hull
6:00—8:00pm
Age 16+
Free
01482 358371

National Autistic Society Youth Club



Lonsdale Community Centre, 376A Anlaby Rd, Hull HU3 6PB
6:00-8:00pm
Ages 11+, **Autism**
07917040380

Child Swimming Lessons



Winifred Holtby School, Midmere Ave, Hull, HU7 4PW
4:30—6:00pm
10 week programs, groups and 1-1
01482 813557

Clifton Children's Dance Lessons



Winifred Holtby School, Midmere Ave, Hull, HU7 4PW
£5 per lesson
Times Available on request
Rosalyn 01482 798181

St John's Newland Scouts Explorers



Strawberry Walk, Beverley Road, Hull, HU6 7PA
Explorers (Age 14-18) call for times
£6 per month,
01482 650423

Black Sheep Combat



Priory Baptist Church, Hull, HU5 5NR
6:00—8:00pm
Ages 5+, All abilities welcome
First session free, £5p/w after, £20 insurance fee required after 3 sessions
Chris 0797746820

THURSDAYS

Hull 5th Boy's (And Girls) Brigade



Derringham Bank Methodist Church,
Willerby Road, Hull.

Company and Seniors Groups: 7:15 –
9:30pm (School Years 7, 8, 9 and 10 &
School Years 11, 12 and 13)

Band: 6:00 – 7:15pm (School Year 3 up-
wards)

E-mail hull5th@aol.com and include your
telephone number if you wish to be con-
tacted by phone.

www.5thhullbb.co.uk/sections

Darley's Youth and Arts Centre



Octagon Family Centre, Walker Street, Hull
Monday to Friday 3:30–5:30pm (Age 8-13)

Mondays, Tuesdays and Thursdays 6:30–
8:30pm Age 14-21 (24 with SEND)
Free

Contact Scott - 0789 1544 228

Route One Youth Club



Hall Road Academy, Hull, HU6 8PP
4:30 -6:00pm

Free
Ages 10-13 and 13-19
01482 491960

The Hut Youth Club



The Hut, 187E Preston Road, Hull, HU9 5UY
4:00–6:00pm

Free
Ages 10-19
01482 781121

Haltemprice Dolphins Disability Swimming Club



Haltemprice Leisure Centre, Anlaby
7:30 – 9:00pm

All ages welcome, **Pan-Disability**
Membership required, small annual fee
Contact David Green - 01482 843 823

Special Stars Sessions: Music & Makaton, Dance or Football Groups



Victoria Dock Community Centre, HU9 1TL
Different times for each session **Pan-
Disability**

£1 per child, register on the day
Visit heyspecialstars.co.uk

The Hut Preston Road



187E Preston Road, Hull, HU9 5UY
Music session 1:00 – 3:00pm
Ages 10-19
01482 781121

Bridges Hull Youth Club



Pennine Way, Bransholme, HU7 5EF
4:00 - 6:30pm (School Years 7/8)
Free
Ages School Years 7 & 8
01482 820454

Black Sheep Combat



Priory Baptist Church, Hull, HU5 5NR
10:00–11:30am
Ages 5+ All Abilities Welcome
First session free, £5 p/w after, £20 insur-
ance fee required after 3 sessions
Chris 0797746820

Aspire Dance Academy



No new members being taken until
September 2018.

Wawne Village Hall, HU7 5XH
9:00–10:00 am
Ages 5+

Special Olympics Swim Club



Woodford Leisure Centre, Holderness
Road, Hull, HU8 8JU
3:00–4:00pm, Ages 7+, **Pan-Disability**
£3 per week, £10 annual membership
Call Janet 01482 871 349

Gravity Trampoline Park



Stephens Hull.

Disability Session Schedule:
TERM TIMES: Thursdays 13:00 & 16:30
HOLIDAY TIMES: Thursdays 16:30
01482 231 707

Hull Truck Youth Theatre



50 Ferensway, Hull HU2 8LB
10:00–11:30am (Ages 8-11) 11:45am–
1:15pm (Ages 11-13) 130-3pm (Age 8-11)
Prices on enquiry.
Contact first 01482 323638

SATURDAYS

LAFSS Supported Family Day Trips



Bellfield House, Middlesex Road, HU8 0RB
Monthly on Saturdays and Sundays,
9:00am—5:00pm, **Pan-Disability**
Contribution required,
Call 01482 715155 for more information

Electric Eels Powerchair Wheelchair Football



Sirius Academy, Anlaby Park Road, Hull,
HU4 7JB
11:00am – 1:00pm
£4, All Ages—first session free to new play-
ers
07553 977505

Rock Up Hull



Phone:01482 968 000
Email:info.hull@rock-up.co.ukWebsite:
<http://www.rock-up.co.uk/Autism/>

We run sessions every 1st and 3rd Saturday
at 9.00am - 10.00am. It's a shorter, quieter
session with limited numbers.

National Autistic Society Family Fun Group



Lonsdale Community Centre,
376A Anlaby Rd, Hull HU3 6PB
Last Saturday of the month: 10:30am-
12.30pm
hulleastriding@nas.org.uk
07917 040380—please call first.

Cottingham Rangers Pan-Disability Football



Hull University 3G Pitches, Inglemire Lane,
HU6 7TS
Saturdays 9:30 – 11:30 am
Ages 8-25 **Pan-Disability**
£2 per session
Contact Carol 07482 066680

Maxi Fun Club Soft Play and Bouncy Castle



Haltemprice Leisure Centre, Anlaby
Last Saturday of the month
3:30 – 4:30pm (4:30 – 5:00pm Party food)
Ages 0-25, **Pan-Disability**
£2 (£3.50 with Party food)
Need to be booked with Amy 07837603327

Hull 5th Boys (And Girls) Brigade



Derringham Bank Methodist Church,
Willerby Road, Hull
Anchors: 6:15-7:30pm (Age 5 to end of
School Year 3)

Juniors: 6:15-8:00pm (School Years 4,5 and
6)
Amicus: (1st and 3rd Thursdays of the
month 8:00 – 9:30pm) Age 16-26

E-mail hull5th@aol.com and include your
telephone number if you wish to be con-
tacted by phone.

Kingston Special needs Scout Group



Portobello Scout HQ, The Broadway,
erness Road, Hull, HU9 3JJ

The group have a mix of able bodied young
people and those with additional needs.
Thu, 6pm - 9pm, depending on age 8 years
to teenagers
Email -info@hullkingstonscouts.org.uk

Child Swimming Lessons



Winifred Holtby School, Midmere Ave,
Hull, HU7 4PW
4:30—6:00pm
10 week programs, groups and 1-1
01482 813 557

KIDS Youth Club



Various locations, call for details
6:00—8:00pm
Ages 8-18, **Pan-Disability**, self-referral
Free
01482 467540

Hull FC Inclusive and Disability Multi Sports Hubs



Bonus Youth Performance Centre, Pickering
Road, Hull, HU4 7AF
5:00—6:00pm
Ages 14+, **Pan-Disability**
Free
01482 304260

Hull Truck Youth Theatre



50 Ferensway, Hull HU2 8LB
5:00—6:30pm (Ages 14-16) 6:45—8:15pm
(Ages 16-21)
Prices on enquiry.
Contact first 01482 323638

Gravity Trampoline Park

St Stephens Shopping Centre, Hull.

Disability Session Schedule:
TERM TIMES:
Thursdays 13:00 & 16:30
HOLIDAY TIMES:
Thursdays 16:30



FRIDAYS

LAFSS Disco Nights

Bellfield House, Middlesex Road, HU8 0RB
Fortnightly 6:30-9:00pm
Ages 14-21 **Pan-Disability**
£2 Contribution
Contact 01482 715155 for more info



LAFSS Film Nights

Bellfield House, Middlesex Road, HU8 0RB
Fortnightly 6:30-9:00pm
Ages 13 plus **Pan-Disability**
£2 Contribution
Contact 01482 715155 for more info



Darley's Youth and Arts Centre

Crafts, Xbox, music, pool, table tennis and more.
Octagon Family Centre, Walker Street, Hull
Monday to Friday 3:30—5:30pm (Age 8-13)
Mondays, Tuesdays and Thursdays 6:30—8:30pm Age 14-21 (24 with SEND)
Free
Contact Scott - 0789 1544 228



Maxi Fun Club— Family Swim

Haltemprice Leisure Centre, Anlaby
7:30—9:00pm
Ages 0-25 **Pan-Disability**
£2
Contact Tony 07837225618



Beverley Town Pan-Disability Football

Longcroft School, Beverley, HU17 7BJ
6:00—8:00pm
Ages 8-19 **Pan-Disability**
£5 for 2 hours.
07739 458843 email—
padamson35@hotmail.co.uk



Clifton Children's Dance Lessons

Winifred Holtby School, Midmere Ave, Hull,
HU7 4PW
£5 per lesson
Times Available on request
Roselyn 01482 798 181



Hull 5th Boy's (And Girls) Brigade

Derringham Bank Methodist Church,
Willerby Road, Hull.
Company and Seniors Groups: 7:15 –
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Band: 6:00 – 7:15pm (School Year 3 up-
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www.5thhullbb.co.uk/sections

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The Hut, 187E Preston Road, Hull, HU9
5UY
6:-8pm (open access)
Free
Ages 10-19



Black Sheep Combat

Priory Baptist Church, Hull, HU5 5NR
7:30—9:00pm
Ages 5+ All Abilities Welcome
First session free, £5p/w after, £20 insur-
ance fee required after 3 sessions
Chris 0797746820



Aspire Dance Academy

Kingswood Academy, Wawne Rd, HU7
4WR
5:00—6:00pm and 7:00—8:00pm
Ages 7+
Call Hollie 07949802409



LAFSS YOUTH CLUB Age 13-21

7/9/18 , 21/09/18, 05/10/18, 19/10/18
and fortnightly after that.

Time: 19:00 – 21:00

£2 Entry (free to carers)

**Contact LAFSS for more information and
to register— 01482 715 155**



St John's Newland Beavers and Scouts Groups

Strawberry Walk, Beverley Road,
Hull, HU6 7PA

Cubs (Age 8-10) Fridays 645-8.15pm

£8 per month
01482 650 423

